

A full-body photograph of a man, Daniel Ciccolini, standing in a large, dimly lit warehouse. He is smiling and looking directly at the camera. He has a shaved head and a light beard. He is wearing a green Nike tank top and light-colored shorts. The background consists of high wooden shelves filled with large, rectangular bundles of straw or hay, creating a textured, industrial environment.

GUEST RESIDENT

DANIEL CICCOLINI

RECOVERY WEEKEND
April 25th - 27th



Daniel is a human performance and optimization specialist with over 10 years of experience, working with everyone from weekend warriors to elite professional athletes. He is committed to education, sharing his knowledge and experience to elevate the fitness and wellness profession.



RECOVERY WEEKEND

DANIEL CICCOLINI

ANIMAL/PRIMAL FLOW

APR 26TH
8:00 HRS
@BEACH

BREATHWORK & ICE BATH
EXPERIENCE

APR 26TH
15:00 HRS
@GRATITUDE TENT

MOBILITY TRAINING

APR 27TH
8:00 HRS
@BEACH

INVERSION THERAPY

APR 27TH
17:00 HRS
@GRATITUDE TENT

NOMADE

RESERVE:
wellness@nomadeholbox.com