



WEEKEND  
P R O G R A M

POWER YOGA	8:30
AGUA MAGICA	11:30
MAYAN CEREMONY	17:00
LIVE SET	19:00

FRIDAY	DECEMBER 12TH
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PILATES	10:00
WHITE RAVEN METHOD	11:30
LIVE MUSIC	16:30

SATURDAY	DECEMBER 13TH
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YIN YOGA	9:00
CORE & MOBILITY	11:30
WEAVING YOUR FUTURE	16:30

SUNDAY	DECEMBER 14TH
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